



GULF COAST
**DEMENTIA
SERVICES**

Meeting information:

Dementia Support Group meetings are for caregivers or anyone interested in information about the disease.

Support groups are FREE, however a RSVP is encouraged, 251-300-0250.

Our support groups are designed to provide educational, emotional and social support for family and friends of individuals living with the disease. We encourage individuals to share their experiences and ask questions to help develop solutions to their concerns and challenges.

Our FREE Support Groups meet:
1st Thursday of the month at 2p-3p
3rd Thursday of the month at 10a-11a

Location:

Touching Hearts Senior Care
Gulf Coast Dementia Services
2100 N Demetropolis Road
Mobile AL 36693

251-300-0250 – RSVP AND DIRECTIONS

DEMENTIA SUPPORT GROUP

All information is kept confidential, we are here to help you with your situation.



Gulf Coast Dementia Services is a non-profit supporting individuals and their families who suffer from Alzheimer's and Dementia.